Life Skills Challenge

Choose 2 items from the board below and learn to do this week.

|  |  |  |  |
| --- | --- | --- | --- |
| Learn how to change a tire.Watch [change a tire](https://www.bridgestonetire.com/tread-and-trend/drivers-ed/how-to-change-a-flat-tire) tutorial. | Learn and practice [how to tie basic knots](https://www.youtube.com/watch?v=3X8drKsdf5E). | Learn how to tie a tie—preferably while wearing it ☺ | Learn how to sew on a button. Watch [sew button tutorial](https://www.youtube.com/watch?v=MmcEF2GR584) here. |
| Ask to see a bill from your parents. Learn how to find the amount, due date, and learn what happens if you are late with a payment. | Learn [job interview tips](https://www.youtube.com/watch?v=aTHAZhxT4gg)Read some [common interview questions](https://www.thebalancecareers.com/teen-job-interview-questions-and-best-answers-2063882) and practice with an adult or friend. | Sort laundry. Learn how to measure detergent. Wash, dry, fold, and put away at least 2 loads. | Learn [how to set a table](https://www.youtube.com/watch?v=tB-fXPds-24) properly and set the table for each family meal this week. |
| Take the sheets off your bed and your younger siblings’ beds. Wash and dry the sheets and remake the beds. If you have younger siblings, teach them how to put sheets on a bed. | Clean the bathroom(s), including scrubbing the tub/shower, wiping down countertops, and cleaning the toilet. | Find a cookbook or look at some easy recipes online. Plan the meal, make a list of grocery items you need, and cook the meal for your family. | Think about 2-3 people you know (or have heard) that are going through a hard time. Send an encouraging text, or call them to check on them and let them know you’re thinking about them. |